

# Staying Healthy Grants Guidance Notes

*“Supporting Our Big Society”*

Blaby District Council's Community Grants Scheme is administered by Community Action Partnership. Please take the time to read these guidance notes carefully. They give you information on how to apply for a grant, and we suggest that you refer to them as you fill in your application form.

## Introduction

The Community Grants scheme now incorporates “Staying Healthy Community Grants”. The combined scheme provides grant support to not-for-profit community groups and Parish Councils to **develop projects, services or small capital projects that benefit the community**. Priority is given to schemes that develop new activity within your community.

Requests for Staying Healthy grant aid is limited to a maximum expenditure of £1000. However, additional funding may be awarded from the Blaby District Council Capital funding stream. Groups may only receive one Blaby District Council grant per year, and Community Action's grant staff are happy to advise you which scheme would be most appropriate for your project

Applications are invited quarterly. Application deadlines for the 2010/11 funding year are:

- Friday November 25<sup>th</sup> 2011
- Friday February 24<sup>th</sup> 2012

In the event that the grants scheme is over-subscribed, applications will be prioritised according to those who have not received funding from Blaby District Council in the last three years and those that best meet the priorities detailed on pages 3 & 4 of these notes.

## Who can apply?

We can accept applications from not-for-profit, community and voluntary sector organisations, social enterprises or partnerships that provide services within the boundaries of Blaby District, for the benefit of the residents of the Blaby District.

We can accept applications from:

▶ Youth clubs	▶ Sports clubs
▶ Societies	▶ Community groups
▶ Parish & town councils	
▶ Schools – for extra-curricular and environmental activities	
▶ Religious organisations – for non-religious projects open to all, such as community facilities, youth clubs.	
▶ Other charities and non-profit-making organisations	

We cannot entertain applications from individuals.

To be eligible for a grant, you must:

- Have a constitution and management committee (i.e. Chairperson, Secretary & Treasurer).
- Have a policy that has no restriction on membership nor restricted access to your activities or facilities other than by payment of a reasonable, affordable subscription.
- If your project involves young people or vulnerable adults your organisation must operate a “child protection policy” or “vulnerable adults policy” and comply with current legislation and good practice concerning Criminal Records Bureau (CRB) checks.
- Demonstrate that your project addresses at least one of our key priorities (see pages 3 & 4).
- Have adequate insurance covering the project.
- Supply a copy of your most recent accounts.

If you need any assistance adopting protection policies or have any questions regarding eligibility issues, please contact Community Action’s grants staff on 0116 272 7669.

## What we can contribute towards

Applications must be strictly for ‘one-off’ expenditure and not continuing costs  
Examples of expenses we can help with:

- |                          |                         |
|--------------------------|-------------------------|
| ▶ Purchase of equipment  | ▶ Building work         |
| ▶ Running of conferences | ▶ Promotional campaigns |
| ▶ One-off Events         | ▶ Training*             |

\* Training will only be supported if it is associated with a launch, expansion or exceptional one-off need, but not if it should be part of an on-going programme of training.

When considering applications for building work and alterations to premises, organisations must show that the landlord has approved the work and that it is not the landlord's responsibility

## What we cannot contribute towards

- Ongoing project running costs or the revenue costs of a scheme after its first year of operation unless the scheme is being extended or expanded.
- If the applicant is an educational establishment, we cannot fund projects which form part of the curricular programme or which take place during normal school hours.
- Day to day maintenance or repairs including vehicle costs
- Hire costs, salaries, rent or telephone bills
- The cost of providing holidays, outings or other regular activities is not covered
- Work that has already been undertaken or purchases that have already been made.
- Building adaptations unless services are being extended or expanded.
- Schemes which are the statutory responsibility of or which are controlled by a statutory organisation (excepting Parish Councils).

Due to the limited availability of resources we cannot normally support a request for grant aid from an organisation which in the previous twelve months has been supported for a similar project.

Priority will be given to projects which will result in increased participation or the enhancement of services.

## Key Priorities

Grants are available to projects that address the interim 'Staying Healthy' priorities of the Shadow Health and Wellbeing Boards of Leicestershire and Rutland. Applications will need to demonstrate how projects will meet one or more of the following priorities

### ► **Staying Healthy Priorities:**

- Increasing life expectancy and reducing inequalities
- Reducing smoking prevalence and the harm caused by tobacco
- Reducing the harm caused by substance misuse
- Reducing the prevalence of obesity and physical inactivity
- Improving access to information, advice and guidance

### ► **Health & Well Being for All**

- The health of residents will improve through preventative measures.
- Vulnerable people are more involved, valued and supported to live independently within the community with a good quality of life.

- There will be greater opportunities for people to improve their chances of employment.
- People feel a greater sense of pride, local identity and get on well together in their communities irrespective of personal background.
- Crime levels including anti-social behaviour will fall; people will feel safer and have a greater public confidence in all community safety services.

In addition, Blaby District Council currently has priorities in the following three areas:

- Children & young people
- Economic development
- Vulnerable people

## Examples of projects which we might support

### Vibrant Places – Sustaining & Improving the Environment

#### A project which:

- Encourages traditional and or conservation-based management of a site accessible to public view or use (including school grounds).
- Encourages communities to develop a cleaner environment. Increases recycling or reduces fly-tipping, graffiti, abandoned vehicles and such like.
- Encourages environmental education in schools, groups or the wider community.
- Encourages people to use specific countryside sites or the wider countryside.

### Access to Quality Provision for Children & Young People:

#### A project which:

- Increases the number of children and young people participating in sporting activities, activities associated with the arts, health or fitness related activities or contributing to the wider community.
- Develops or improves access for children and young people to the countryside.
- Improves or enhances play facilities or social activities.

### Health & Well Being for All

#### A project which:

- Addresses problems of crime and disorder in partnership with other agencies.
- Discourages offenses committed against individuals such as domestic violence and racism.
- Prevents young people committing crimes.

- Supports victims or potential victims of crime.
- Engages people in arts, heritage, sporting or healthy activities.
- Promotes awareness of healthy activities.
- Involves more people in community activities.
- Encourage communities to work together.

### **High quality, responsive and efficient and valued public services:**

#### **A project which:**

- Involves people in decision-making.
- Increases equality, access or opportunity.
- Creation of new charitable organizations that support greater involvement of public services.
- A project that supports new models of service delivery to communities including Social Enterprise

**If you have any doubts about whether your project would qualify for a grant, please telephone Community Action's grant staff on 0116 272 7669 before completing the application.**

## **Completing your application form**

Please ensure that you answer every question on the application form. Should you need more space, please continue on a separate sheet. These notes give further information for each section of the application form:

### Section 1

Complete this section after completing your budget on page 8. Please note that the figure in 1a can not be more than £1000.

### Section 2

b) This is the physical address where your group meets, not necessarily where mail is sent. If your club has no fixed meeting location, leave blank.

g) If you do not yet have a constitution, please contact Community Action for assistance.

h) Geographic area, ie: what neighbourhood(s), village(s), district(s) or counties does your club cover.

p & q) If your group needs a child protection policy or vulnerable adult policy and does not yet have one, please contact Community Action for assistance.

### Section 3

d) Outcomes are the improvements that will come about for the community or individuals as a result of the funding. For example, "Older people in the village will feel more connected and lead more active lives" as a result of a new coffee morning; or "Young people will learn about healthy eating and exercise" as a result of funding for a Keep Fit project.

f) Key Priorities are outlined on pages 3-4 of these guidance notes.

#### Section 4

Please note the deeds or lease for the property will need to be produced for inspection if your grant application is successful.

#### Section 5

a) If you are unsure if your project requires planning permission, please contact Blaby District Council's Planning office on 0116 272 7705. Please note, in some cases we may need to see a copy of correspondence from the council confirming that Planning Permission is not required.

#### Section 6

a & b) Please provide as much detail as possible on the budget for your project. If figures are not exact, note they are estimates, but quotes should be obtained for all major expenses before the grant application is completed.

d & e) These questions help the Review Committee assess your organisation's ability to raise additional funds and to continue the project in the future. If you need ideas on how to raise additional funds, contact Community Action.

If you require assistance completing the application form please contact Community Action's grant staff on 0116 272 7669 to make an appointment.

## **What happens now?**

If we require additional information or documentation we will normally contact you within 21 days after we receive your application. Once your application is complete, it will be held for consideration by our panel which consists of representatives of the District Council, public health and the voluntary sector and including a representative of the Blaby Together Board. The panel normally meets within 14 days of the quarterly application deadline. You will be notified of the outcome within 14 days of the panel's decision.

If your application is successful, we will send your organisation a notification letter inviting you to receive your cheque at an awards ceremony. If there are any conditions attached to the grant, they will be specified in the letter and will require your agreement before the cheque is awarded.

## **Terms & conditions of grant**

**If your organisation is awarded a community grant you must:**

- Acknowledge the support of Blaby District Council in association with Community Action Partnership in all of your project's promotional material.
- Ensure that you have appropriate insurance cover for your project.

- Complete and return our short monitoring form at the end of your project, including copies of invoices showing the expenditure on your project.

## What happens if your application is unsuccessful?

Community Action Partnership will be happy to supply feedback on unsuccessful applications.

## Useful funding contacts

**Leicestershire County Council (LCC)** **0116 232 3232**  
LCC offers SHIRE Grants & Loans for voluntary groups, clubs, schools & small parish councils. SHIRE Grants include Arts Development, Sports, & Environment grants. [www.leics.gov.uk](http://www.leics.gov.uk)

**Leicestershire & Rutland Rural Community Council (RCC)** **0116 266 2905**  
RCC can supply a funding advice pack listing funding opportunities available throughout Leicestershire & Rutland. They also administer grants for Village Hall and Community Buildings, Playing Fields and Community Climate Change grants. [www.ruralcc.org.uk](http://www.ruralcc.org.uk)

**Voluntary Action Leicestershire (VAL)** **0116 2575050**  
VAL's Group Support Service offers advice, support and information to Voluntary and Community Sector Groups in Leicester and Leicestershire on a range of issues, including funding. [www.valonline.org.uk](http://www.valonline.org.uk)

**Leicestershire Funding Toolkit** **[www.fundingtoolkit.org](http://www.fundingtoolkit.org)**  
On this website there is a 'grant-search' facility which can be accessed free of charge. After logging on you will need to register and then you will be able to search for other potential funders for your project. The site also gives advice and guidance on the completion of application forms.

**Leicester-Shire & Rutland Sport** **01509 226745**  
Leicester-Shire & Rutland Sport employ a full time Funding Advice Officer who can provide support for your club to access small sums of money to help develop your club. [www.lrsport.org](http://www.lrsport.org)

## Useful contacts within the Council

Council staff may be able to give your group useful information, advice, and referrals. The following staff are available, and we encourage you to contact them if relevant to your project or group:

**Arts & Heritage Development Officer** **0116 272 7617**  
Supports and develops local arts and heritage projects and groups.

**Community Safety Team** **0116 272 7725**

Is active in the areas of anti-social behaviour, home security, domestic violence and youth outreach.

**Countryside Officer** **0116 272 7699**  
For projects involving parks, green spaces or nature.

**Environmental Protection team** **0116 272 7643**  
Can provide information and guidance on improving the environment and environmental crime.

**Health Promotion Officer** **0116 272 7544**  
For projects/initiatives aiming to improve health and wellbeing.

**Planning Department** **0116 272 7705**  
The Development Control Team in the planning department can advise on planning permissions and can also be contacted by email on [planning@blaby.gov.uk](mailto:planning@blaby.gov.uk)

**Sports Development Officer** **0116 272 7523**  
Works closely with local governing bodies, schools and clubs.

**If you have any further questions please telephone Community Action's grant staff on 0116 272 7669.**